

Bicultural Parenting Class: Not Too Late To Join!

Asian Media Access is hosting a series of classes on Bicultural parenting for Southeast Asian parents called: “**Helping Youth Succeed: Bicultural Parenting for Southeast Asian Families**” at Patrick Henry High School.

The curriculum was developed at the University of Minnesota by professor, Blong Xiong.

The class will be focusing on themes during the 7 weeks class and teaching the parents valuable ways to navigate the two different cultures that affect their relationship with their children.

They have already learned about Bicultural Active Living Lifestyle and how this initiative could benefit them as they examine how to enhance their understanding and find humor in it.

Using arts and reflection brought about the collage and the I statements: *I am more than what you see & I am still under construction* and much more.

The parents will continue to learn about topics like understanding and self-care through stories of other immigrants having to face the same issues. Story telling will be a powerful tool in their learning.

Our teacher and interpreter: Maya Park and Mina Thao have done an excellent job involving the parents and adding their own stories with their children as well.

For more information or to register, please contact Tie Oei:

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